

# Bristol Stool Chart for Kids + Log

Choose the closest neutral description and record what you observe.

|        |                                                                                     |                                 |
|--------|-------------------------------------------------------------------------------------|---------------------------------|
| Type 1 |    | Separate hard pieces            |
| Type 2 |    | Firm, joined lumpy pieces       |
| Type 3 |    | Formed log with surface cracks  |
| Type 4 |    | Smooth, soft formed log         |
| Type 5 |    | Soft pieces with clear edges    |
| Type 6 |   | Mushy pieces with uneven edges  |
| Type 7 |  | Watery; no solid pieces visible |

## Observation log

| Date & time | Type | Color | Other observations |
|-------------|------|-------|--------------------|
|             |      |       |                    |
|             |      |       |                    |
|             |      |       |                    |