

Bristol Stool Chart for Kids + Log

Choose the closest neutral description and record what you observe.

Type 1		Separate hard pieces
Type 2		Firm, joined lumpy pieces
Type 3		Formed log with surface cracks
Type 4		Smooth, soft formed log
Type 5		Soft pieces with clear edges
Type 6		Mushy pieces with uneven edges
Type 7		Watery; no solid pieces visible

Observation log

Date & time	Type	Color	Other observations